Adults / Mens / Womens Surf Club 2024 Timetable Summer 2024

Information, booking process and timetable:

Hi All, welcome to the Laneez Adults Only Surf Club! Sessions will focus on surfing technique, wave selection, surf fitness, making surf friends, catching lot's of waves and having fun! As you can see from the timetable below, we have mens womens and mixed adult sessions through the summer.

Sessions cost £22, payable on the day cash/card when you arrive. You may attend as many or as few sessions as you like. Two days prior to each session, Scott/Grace will confirm on the group chat on whatsapp that the session is going ahead. Once a session is confirmed, please comment your name on the group chat to confirm your space. All equipment is included and no experience is required (you should however be capable of swimming 50 metres unaided). Please message/email Scott/Grace directly and not on the group chat if you have any questions and try to keep the group chat relevant as there are lots of people on it. Please do your best to arrive 5 minutes before your session is due to begin. Send your mobile number by email to be added to the whatsapp group.

If you have any questions, check the FAQ section on our website or email us at <u>Laneez1999@gmail.com</u>.

Surf's up, see you at the beach!

Day	Date	Time	Group
Saturday	18th May	2 - 3.30pm	Adults
Sunday	19th May	1 - 2.30pm	Womens
Saturday	25th May	6 - 7.30pm	Adults
Sunday	26th May	11.15 - 12.45pm	Womens
Tuesday	28th May	6.30 - 8pm	Adults
Saturday	1st June	12.15 - 1.45pm	Adults
Sunday	2nd June	11.45 - 1.15pm	Womens
Tuesday	3rd June	7.15 - 8.45pm	Adults
Saturday	8th June	11.30 - 1pm	Adults
Sunday	9th June	10.15 - 11.45am	Womens
Tuesday	11th June	6.30 - 8pm	Adults
Saturday	15th June	9.15 - 10.45am	Adults
Sunday	16th June	10.30 - 12pm	Womens

Tuesday	18th June	6.15 - 7.45pm	Mens
Thursday	20th June	7 - 8.30pm	Womens
Saturday	22nd June	9 - 10.30am	Adults
Sunday	23rd June	11-12.30pm	Womens
Tuesday	25th June	6.30 - 8pm	Adults
Saturday	29th June	2.30 - 4pm	Adults
Sunday	30th June	10 - 11.30am	Womens
Tuesday	2nd July	6 - 7.30pm	Mens
Wednesday	3rd July	6 - 7.30pm	Womens
Saturday	6th July	9 - 10,30am	Adults
Sunday	7th July	9.15 - 10.45am	Womens
Tuesday	9th July	6.15 - 7.45pm	Mens
Wednesday	10th July	6.30 - 8pm	Womens
Saturday	13th July	9 - 10.30am	Adults
Sunday	14th July	10 - 11.30am	Womens
Wednesday	17th July	6 - 7.30pm	Womens
Thursday	18th July	6.15 - 7.45pm	Mens
Saturday	20th July	9 - 10.30am	Adults
Sunday	21st July	10 - 11.30am	Womens
Tuesday	23rd July	6 - 7.30pm	Mens
Wednesday	24th July	6.30 - 8pm	Womens
Saturday	27th July	2.15 - 3.45pm	Adults
Sunday	28th July	1 - 2.30pm	Womens
Tuesday	30th July	6 - 7.30pm	Mens
Wednesday	31st July	6 - 7.30pm	Womens
Saturday	3rd August	2.30 - 4pm	Adults
Sunday	4th August	9.30 - 11am	Womens
Wednesday	7th August	6 - 7.30pm	Womens
Thursday	8th August	6 - 7.30pm	Mens
Saturday	10th August	12.45 - 2.15pm	Adults
Sunday	11th August	9 - 10.30am	Womens
Thursday	15th August	6 - 7.30pm	Adults
Saturday	17th August	1.30 - 3pm	Adults
Sunday	18th August	9 - 10.30am	Womens
Friday	23rd August	6.30pm-8pm	Mens
Saturday	24th August	12.15 - 1.45pm	Adults
Sunday	25th August	12.15 - 1.45pm	Womens

Wednesday	28th August	6 - 7.30pm	Womens
Thursday	29th August	6.30 - 8pm	Mens
Saturday	31st August	8.30 - 10am	Adults
Thursday	5th September	6 - 7.30pm	Adults
Saturday	7th September	10.30 - 12pm	Adults
Sunday	8th September	11 -12.30pm	Womens